## **DECEMBER 2025**

All meals are served with a choice of Fat Free or 1% White Milk. Chocolate Milk will be served at breakfast and Lunch when nutritionally able to. Reduced sugar cereal is still a second option for students instead of the main at breakfast time. Highschool meals will continue to have bigger portions at Riceville Community School District

at breakfastaine. Highschool meals will continue to have bigger partially and are subject to change.

Vegetable and fruit bar are offered daily and are based on availability.

Breakfast & Lunch		DECEMBER 2025  Milk will be served at breakfast and Lunch when nutritionally able to.  Reduced sugar cereal is still a second option for students instead of the main at breakfast time. Highschool meals will continue to have bigger portions at lunch to meet their nutritional requirements. All menus are subject to change. Vegetable and fruit bar are offered daily and are based on availability.			
*	Monday	Tuesday	Wednesday	Thursday	Friday
	WG Breakfast Pizza Applesauce, Juice, Milk	WG Uncrustables Peaches, Juice, Milk	Cereal Yogurt Banana, Juice, Milk	WG Waffles/ syrup Sausage Strawberries, Juice, Milk	WG Pancake & Sausage Stick Pears, Juice, Milk
	Beef Stew Potatoes, Carrots WG Banana Bread Pineapple, Milk	Walking Tacos WG Doritos or Tostitos Romaine, Tomatoes, Cheese Refried Beans, Mandarin Oranges, Milk	Turkey or Ham Sub <mark>On WG Rich's Sub Roll</mark> WG Chips, Lettuce, Pickles Apples, Milk	WG Chicken Alfredo Garlic Bread, Broccoli Blueberries, Milk	WG Pizza Pepperoni or Cheese Corn, Grapes, Milk
	WG Tortilla Wrapped Omelet Salsa, Peaches, Juice, Milk	WG Cinnamon Rolls Banana, Juice, Milk	Scrambled Eggs Roasted Herb Potatoes Strawberries, Juice, Milk	WG Toast Build Your Own Parfaits Mixed Berries, Juice, Milk	WG Biscuits & Gravy Pears, Juice, Milk
	Orange Chicken Fried Rice, Carrots, Fortune Cookie Pineapple, Milk	WG Beef Enchiladas Black Bean Salsa, Raspberries, Milk	Cheeseburger WG Bun, WG chips Tomatoes, Lettuce, Pickles Grapes, Milk	WG Mac & Cheese Bowls Choice of protein Romaine, Mandarin Oranges, Milk	WG Mini Corn Dogs WG Garlic Bread Potato Wedges, Apple, Milk
	WG Bagel Fried Egg Applesauce, Juice, Milk	WG Flatbread Fruit Tacos Yogurt Mixed Berries, Juice, Milk	WG French Toast/ syrup Sausage Links Peaches, Juice, Milk	WG Muffin String Cheese Strawberries, Juice, Milk	WG Donuts Grapes, Juice, Milk
	WG Chicken Ramen (new recipe) WG Crackers Peas & Carrots Blueberries, Milk	Build Your Own Burrito Bowls Choice Of Protein, WG Rice Black bean Salsa, Romaine Apple, Milk	<mark>Pizza Burger</mark> WG Bun French Fries, Mixed Fruit, Milk	WG Chicken Tortellini WG Bread Stick, Broccoli Raspberries, Milk	All Beef Franks WG Hot Dog Bun WG Crackers, Tomatoes, Cucumbers Pears, Milk
	WG Toast Scrambled Eggs Peaches, Juice, Milk	Cereal Yogurt Banana, Juice, Milk	NO 24	NO 25	NO 26
li li	WG Chicken Tenders Mash Potatoes, Corn, WG Banana Bread Mixed Berries, Milk	Ham Cheesy Potatoes WG Rolls, <mark>Crispy Green Beans</mark> Mixed Fruit, WG Dessert, Milk <mark>Early Dismissal 1:15</mark>	SCHOOL	SCHOOL MERRY CHRISTMAS	SCHOOL
	NO 29	NO 30	NO 31	*(5) 15 <b>米</b> *(5) (6) (7)	* * * * * * * * * * * * * * * * * * * *
	SCHOOL	SCHOOL	SCHOOL		