

NOVEMBER 2024

Riceville Community School District

Breakfast and Lunch

Monday

Tuesday

Wednesday

Thursday

Friday

No School ¹

WG Bagels w/Peanut Butter Yogurt
Mixed Fruit, Juice, Milk ⁴

Frozen Yogurt Bark
Toast
Strawberries, Blueberries, Juice, Milk ⁵

WG Apple Frudel
Peaches, Juice, Milk ⁶

WG French Toast Sticks w/ syrup
Sausage
Pears, Juice, Milk ⁷

Peanut Butter Overnight Oats
WG Toast
Applesauce, Juice, Milk ⁸

Breaded Chicken Sandwich
WG Bun, WG Chips
Corn, Banana, Milk

WG Mongolian Beef Walking Taco
WG Tostitos/Doritos
Coleslaw, Red Peppers, Green Onions
Pears, Milk

WG Cheesy Chicken Tortellini
WG Breadstick, Broccoli
Grapes, Milk

Chili
WG Cinnamon Rolls
Salad Bar, Blueberries, milk

WG Beef Pretzel Dog
Baked Beans
Strawberries, Milk

Cereal
Yogurt
Banana, Juice, Milk ¹¹

Scrambled Eggs
Bacon, WG Toast
Peaches, Juice, Milk ¹²

No School ¹³

WG Banana Bread
Applesauce, Juice, Milk ¹⁴

WG Breakfast Pizza
Oranges, Juice, Milk ¹⁵

WG Chicken Tenders
French Fries, WG Crackers
Corn, Grapes, Milk

Beef Tacos
WG Tortilla
Lettuce, Tomato, Onions
Mixed Fruit, Milk

Hamburger Stroganoff
WG Rice, Broccoli
Apple, Milk

Hot Ham & Cheese
WG Bun
Black Bean Salad, Cantaloupe, Milk

Egg Bites
Cinnamon Toast
Applesauce, Juice, Milk ¹⁸

Biscuits & Gravy
Honey Dew, Juice, Milk ¹⁹

WG English Muffin
Cheese Omelet
Pears, Juice, Milk ²⁰

WG Pancakes w/ syrup
Sausage
Peaches, Juice, Milk ²¹

WG Donuts
Banana, Juice, Milk ²²

Loaded WG Mac & Cheese
Choice of Beef, Chicken, or Pork
Broccoli, Grapes, Milk

Chicken Fajitas
WG Tortilla, Refried Beans
Red & Green Peppers, Onion
Mandarin Oranges, Juice, Milk

WG Lasagna & Garlic Bread
With Meat Sauce
Green, Blueberries, Milk

Beef Gyro
Flatbread
Tomatoes, Cucumbers, Onions
Cantaloupe, Milk

WG Cheese or Pepperoni Pizza
Carrots, Apple, Milk

WG Breakfast Sandwich
Pears, Juice, Milk ²⁵

Cereal, Toast
Peaches, Juice, Milk ²⁶

No School ²⁷

No School ²⁸

No School ²⁹

WG Boneless Wings
WG Crackers
Potato Wedges, Corn
Strawberries, Milk

Turkey
WG Dinner Roll
Mashed Potatoes, Garlicky Green Beans
Cranberries, Pumpkin Dessert, Milk
Thanksgiving Feast