

# SEPTEMBER 2024

## Riceville Community School District

Breakfast and Lunch

### Monday

No

School

WG Bagels  
Fried Egg Patty  
Banana, Juice, Milk

Sloppy Joes  
WG Bun & Crackers  
Creamy Cucumbers  
Pears, Milk

WG Muffins  
Yogurt  
Mango, Milk

Pulled Pork Sandwich  
WG Bun, Wedges  
Coleslaw, Oranges, Milk

WG Breakfast Sandwich  
Apple, Juice, Milk

Pork Riblet Sandwich  
WG Hoagie  
Spinach, Pears, Milk

WG Cereal  
Smoothies  
Apple Sauce, Juice, Milk

Meat Ball Subs  
WG Hoagie, Marinara, Mozzarella Cheese  
French Fries,  
Orange, Milk

### Tuesday

Cereal  
Cinnamon Toast  
Oranges, Juice, Milk

WG Fiestada Sandwich (Hot Pocket)  
Refried Beans, Salsa  
Peaches, Milk

Ham & Cheese Breakfast Bars  
WG English Muffin  
Mixed Fruit, Milk

Hard or Soft Taco  
WG Tortilla  
Tomatoes, Lettuce, Cheese  
Pineapple, Milk

WG Breakfast Pizza  
Honey Dew, Juice, Milk

Fajita Chicken Salad  
WG Fritos & Dinner Roll  
Corn, Black Beans  
Mandarin Oranges, Milk

Mini Cinni Caramel Pull Apart  
Yogurt  
Blue Berries, Juice, Milk

Tex Mex Chicken Quinoa Stack  
WG Tostitos, Tomatoes  
Black Beans, Corn, Iceberg Lettuce  
Pineapple, Milk

### Wednesday

WG Breakfast Burrito  
Honey Dew, Juice, Milk

Havana Chicken Nachos  
WG Tortilla Chips  
Red Peppers, Red Onions  
Mango, Milk

Banana Baked Oats Bar  
Yogurt Parfaits

BBQ Pork Rice Bowl  
WG Corn Chips  
Black Beans, Tomatoes  
Blue Berries, Milk

No  
School

WG Banana Bread  
Cantaloupe, Juice, Milk

Hamburgers from local Farmers  
WG Bun, Kittleson's Potatoes  
Otter Creek Apples, Salad Bar  
made up of products purchased through local  
farms, Local Frozen Yogurt, Milk  
**Support Local Foods Day, Taste Test Day**

### Thursday

Baked Oatmeal with Apples  
Yogurt  
Juice, Milk

WG Lasagna  
WG Garlic Bread  
Green Beans, Grapes, Milk

WG Biscuits & Gravy  
Peaches, Milk

Hamburger Goulash  
WG Noodles & Buttered Bread  
Peas, Cantaloupe  
Milk

WG Cheese & Bacon Egg Bite  
Toast  
Peaches, Milk

Beef Stroganoff  
WG Noodles & Dinner Roll  
Broccoli, Kiwi  
Milk

WG Fruit Loop Waffles/ syrup  
Scrambled Eggs  
Grapes, Juice, Milk

Chicken Fried Rice  
WG Eggroll  
Carrots, Peas  
Mandarin Oranges, Milk

### Friday

**Grand Slam with Grandparents**

Pancakes w/syrup  
Sausage, Scrambled Eggs  
Strawberries, Juice, Milk

WG Cheese or Pepperoni Pizza  
Broccoli, Cantaloupe, Milk  
**Grandparents Day the 8th**

Un crustables  
Peaches, Juice, Milk

Hot Ham & Cheese  
WG Bun  
Romaine, Strawberries, Milk

WG Pop Tart  
String Cheese  
Mixed Berries, Juice, Milk

Hot Dog  
WG Bun & Mac & Cheese Bites  
Carrots, Honey Dew  
Milk

WG Sausage Pancake Wrap  
Mixed Fruit, Juice, Milk

Chef Salad  
WG Garlic Bread  
Lettuce, Tomatoes, Egg, Cheese  
Peppers, Onions, Ham, Turkey  
Banana, Milk

"This institution is an equal opportunity provider."