

## Riceville Community School Over the Counter Medications 2024/25

The school nurse/certified medication aide will have the following over-the-counter medications available at school to administer to students according to written protocol by the school and with parental authorization to administer the over-the-counter medication. A record of administration will be maintained by administering staff.

All over-the-counter medications will need to be brought to school by an adult and will need to be in the manufacturer's labeled container.

### **Over the Counter Medication available at school:**

- **Acetaminophen (Tylenol) 500 mg-** 1-2 tablets for adults and children 12 years and over every 4 hours-headache, cold, sore throat, menstrual cramps, earache, etc
- **Children's Acetaminophen (Tylenol) liquid suspension 160mg/5ml-** as directed per age/weight of child- headache, cold symptoms, fever, etc.
- **Ibuprofen 200mg tablets-** 1-2 tablets for adults and children 12 years and older every 4-6 hours-headache, cold, sore throat, fever, cramps, pain, etc.
- **Children's Ibuprofen/Motrin liquid suspension 100mg/5ml-** as directed per age/weight of child -minor aches/pain, cold symptoms, headache, toothache, etc.
- **Antacid Tablets** (calcium carbonate 500-1000mg chewable tablets)- 1-2 tablets for adults and children 12 years and older- upset stomach, heartburn, acid indigestion, etc.
- **Hydrocortisone Cream 1%-** skin inflammation/irritation/rashes, insect bites, etc.irritation-apply as directed
- **Antibiotic/Bacitracin Ointment-** minor cuts, scrapes, etc.-apply as directed
- **Cough drops,** 1-2 cough drops -sore throat, cough, throat irritation