

JUNE 2024

Riceville Community School
Congregate Meal Service

Garden & Fruit Bar
Available Everyday

Breakfast & Lunch

Monday

Pop Tarts
Yogurt **3**
Peaches, Juice, Milk

Chili
WG Cheese Sandwich
Pineapple, Milk

Breakfast Burrito
Strawberries, Juice, Milk **10**

Tacos
WG Tortilla, Cheese
Tomatoes, Romaine
Peaches, Milk

Waffles w/syrup
Scrambled Eggs **17**
Mixed Berries, Juice, Milk

Breaded Chicken Legs
Mash Potatoes, WG Dinner Roll
Watermelon, Milk

WG Donuts
Applesauce, Juice, Milk **24**

Tater Tot Casserole
WG Dinner Roll
Corn, Kiwi, Milk

Tuesday

Bagels
String Cheese **4**
Pears, Juice, Milk

WG Spaghetti w/meat sauce
Cucumbers, Grapes, Milk

WG Pancakes w/Syrup
Sausage **11**
Pears, Juice, Milk

Hot Ham & Cheese
WG Bun
Broccoli, Banana
Milk

Breakfast Bagel
Peaches, Juice, Milk **18**

WG Turkey Wraps
WG Crackers
Carrots, Apples, Milk

Peanut Power Bites
Yogurt **25**
Honey Dew, Juice, Milk

Meatball Subs
WG Hoagie
Salad Bar, Cantaloupe
Milk

Wednesday

Cereal
Toast **5**
Mixed Fruit, Juice, Milk

Chicken & Rice
Carrots
Apple, Milk

Breakfast Pizza
Oranges, Juice, Milk **12**

WG Chicken Nuggets
French Fries, WG Dinner Roll
Corn, Mixed Fruit, Milk

WG Snack Bread
String Cheese **19**
Pears, Juice, Milk

Sloppy Joes
WG Bun
Cucumbers, Pineapple
Milk

Egg Bake
Toast **26**
Pears, Juice, Milk

Lasagna
WG Garlic Bread
Green Beans, Watermelon
Milk

Thursday

French Toast w/syrup
Sausage Links **6**
Banana, Juice, Milk

WG Goulash
WG Buttered Bread
Green Beans
Oranges, Milk

Un-Crustables
Mango, Juice, Milk **13**

Chicken Fajitas
WG Tortilla
Peppers & Onions
Grapes, Milk

Omelets
English Muffin **20**
Strawberries, Juice, Milk

Hot Dogs
WG Bun, Celery
Applesauce, Milk

Biscuits and Gravy
Pineapple, Juice, Milk **27**

Protein Plates
WG Snack Crackers
Meat, Cheese, Eggs
Carrots, Grapes

Friday

Yogurt Parfait
WG Snack Bread **7**
Mandarin Oranges, Juice, Milk

Cheese or Sausage WG Pizza
Lettuce
Applesauce, Milk

WG Muffins
Yogurt **14**
Pineapple, Juice, Milk

BBQ Pork Riblet
WG Bun
Pickles
Cantaloupe, Milk

Breakfast Sandwich
Cantaloupe, Juice, Milk **21**

Hamburger or Cheeseburger
WG Bun
Tomatoes, Onion, Lettuce
Oranges, Milk

WG Breakfast Tacos
Peaches, Juice, Milk **28**

Walking Tacos
WG Doritos, Shredded Cheese
Lettuce, Tomato, Onion
Mixed Fruit, Milk