

AUGUST 2024

Riceville Community School
Congregate Meal Service

Garden & Fruit Bar
Provided Daily

Breakfast and Lunch

Monday

Tuesday

Wednesday

Thursday

Friday

Pop Tarts
Yogurt
Peaches, Juice, Milk

5

Chili
WG Cheese Sandwich
Pineapple, Milk

Breakfast Burrito
Strawberries, Juice, Milk

12

Tacos
WG Tortilla, Cheese
Tomatoes, Romaine
Peaches, Milk

19

26

Bagels
String Cheese
Pears, Juice, Milk

6

WG Spaghetti w/meat sauce
Cucumbers, Grapes, Milk

WG Pancakes w/Syrup
Sausage
Pears, Juice, Milk

13

Hot Ham & Cheese
WG Bun
Broccoli, Banana
Milk

20

27

Cereal
Toast
Mixed Fruit, Juice, Milk

7

Chicken & Rice
Carrots
Apple, Milk

Breakfast Pizza
Oranges, Juice, Milk

14

WG Chicken Nuggets
French Fries, WG Dinner Roll
Corn, Mixed Fruit, Milk

21

28

Biscuits and Gravy
Pineapple, Juice, Milk

1

Protein Plates
WG Snack Crackers
Meat, Cheese, Eggs
Carrots, Grapes

French Toast w/syrup
Sausage Links
Banana, Juice, Milk

8

WG Goulash
WG Buttered Bread
Green Beans
Oranges, Milk

Un-Crustables
Mango, Juice, Milk

15

Chicken Fajitas
WG Tortilla
Peppers & Onions
Grapes, Milk

22

29

WG Breakfast Tacos
Peaches, Juice, Milk

2

Walking Tacos
WG Doritos, Shredded Cheese
Lettuce, Tomato, Onion
Mixed Fruit, Milk

Yogurt Parfait
WG Snack Bread
Mandarin Oranges, Juice, Milk

9

Cheese or Sausage WG Pizza
Lettuce
Applesauce, Milk

WG Muffins
Yogurt
Pineapple, Juice, Milk

16

BBQ Pork Riblet
WG Bun
Pickles
Cantaloupe, Milk

1st Day of
School

23

30