

JULY 2024

Riceville Community School District Congregate Meal Service

Garden & Fruit Bar
Provided Daily

Breakfast and Lunch

Monday

Tuesday

Wednesday

Thursday

Friday

1

No Congregate Service

2

No Congregate Service

3

No Congregate Service

4

**No Congregate Service
Happy 4th**

5

No Congregate Service

8

Pop Tarts
Yogurt
Peaches, Juice, Milk

Chili
WG Cheese Sandwich
Pineapple, Milk

9

Bagels
String Cheese
Pears, Juice, Milk

WG Spaghetti w/meat sauce
Cucumbers, Grapes, Milk

10

Cereal
Toast
Mixed Fruit, Juice, Milk

Chicken & Rice
Carrots
Apple, Milk

11

French Toast w/syrup
Sausage Links
Banana, Juice, Milk

WG Goulash
WG Buttered Bread
Green Beans
Oranges, Milk

12

Yogurt Parfait
WG Snack Bread
Mandarin Oranges, Juice, Milk

Cheese or Sausage WG Pizza
Lettuce
Applesauce, Milk

15

Breakfast Burrito
Strawberries, Juice, Milk

Tacos
WG Tortilla, Cheese
Tomatoes, Romaine
Peaches, Milk

16

WG Pancakes w/Syrup
Sausage
Pears, Juice, Milk

Hot Ham & Cheese
WG Bun
Broccoli, Banana
Milk

17

Breakfast Pizza
Oranges, Juice, Milk

WG Chicken Nuggets
French Fries, WG Dinner Roll
Corn, Mixed Fruit, Milk

18

Un-Crustables
Mango, Juice, Milk

Chicken Fajitas
WG Tortilla
Peppers & Onions
Grapes, Milk

19

22

Waffles w/syrup
Scrambled Eggs
Mixed Berries, Juice, Milk

Breaded Chicken Legs
Mash Potatoes, WG Dinner Roll
Watermelon, Milk

23

Breakfast Bagel
Peaches, Juice, Milk

WG Turkey Wraps
WG Crackers
Carrots, Apples, Milk

24

WG Snack Bread
String Cheese
Pears, Juice, Milk

Sloppy Joes
WG Bun
Cucumbers, Pineapple
Milk

25

29

WG Donuts
Applesauce, Juice, Milk

Tater Tot Casserole
WG Dinner Roll
Corn, Kiwi, Milk

30

31

Egg Bake
Toast
Pears, Juice, Milk

Lasagna
WG Garlic Bread
Green Beans, Watermelon
Milk



"This institution is an equal opportunity Provider."