




07 JULY 2024



Non-congregate Meal Menu for McIntire, Auction House, and Riceville

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Cereal, String Cheese Applesauce, Grape Juice, Milk Bean & Cheese Burrito Cucumbers, Honey Dew, Milk	2 Banana Bread Pears, Apple Juice, Milk Mac & Cheese & WG Goldfish Broccoli, Strawberries, Milk	3 Blueberry Waffles Mixed Fruit, Yogurt, OJ, Milk Hamburger, WG Bun Tomatoes, Cantaloupe, Milk	4 Breakfast Pizza Bagel Peaches, Grape Juice, Milk Hot Dog, WG Bun Baked Beans, Orange, Milk No Meal Pick up	5 WG Breakfast Kits, Grapes, Apple Juice, Milk Turkey & Cheese Lunch Kit Apple, Milk No Meal Pickup	6 No Meal Service
7 No Meal Service	8 No Meal Service	9 No Meal Service	10 No Meal Service	11 No Meal Service	12 No Meal Service	13 WG Pop Tarts, String Cheese Blueberries, OJ, Milk Turkey Sandwich, WG Hoagie WG Graham Crackers Lettuce, Banana, Milk
14 WG Ham, Egg, & Cheese Breakfast Bar, Toast, Pineapple, Grape Juice, Milk WG Pizza Quesadilla Peas, Kiwi, Milk	15 WG Muffins, Yogurt Kiwi, Apple Juice, Milk WG Corn Dogs Carrots, Pineapple, Milk	16 Sausage Pancake Wraps Banana, OJ, Milk Pizza Crunchers 1/2 cup marinara Blueberries, Milk	17 Uncrustables Apple, Grape Juice, Milk WG Turkey Wraps Scooby Grahams, Pickles, Grapes, Milk	18 Breakfast Pizza Orange, Apple Juice, Milk Salisbury Steak, WG Roll Corn, Peaches, Milk	19 Bagels & Peanut Butter String Cheese, Cantaloupe, OJ, Milk WG Chicken Strips, Cheez-its Green Beans, Mixed Fruit, Milk	20 Breakfast Burrito strawberries, Grape Juice, Milk WG BBQ Lunch Kits 1/2 c. Pears, Milk
21 Breakfast Kits, Honey Dew Apple Juice, Milk Pork Riblets, WG Hoagie Edamame, Applesauce, Milk	22 Breakfast Snack Bread 1/2 c. Applesauce, OJ, Milk Chef Salad, WG Bread Romaine, Tomatoes, Egg, Ham, Cheese, Honey Dew, Milk	23 WG Combo Link & Biscuit Pears, Grape Juice, Milk WG Ham & Cheese Sandwiches WG Crackers, Lettuce Strawberries, Milk	24 Pancakes & Sausage Mixed Fruit, Apple Juice, Milk WG Cheese Pizza Snap Peas, Cantaloupe, Milk	25 Cereal, Toast, Peaches, OJ, Milk Beef Tacos, WG Tortillas Lettuce, Tomatoes, Cheese Refried Beans, Orange, Milk	26 Pumpkin Bread, Blueberries, Grape Juice, Milk WG Lunch Kits Beef & Cheese Sticks, 3/4c. Celery, Apple, Milk	27 Waffles, Yogurt, Grapes, Apple Juice, Milk Breaded Chicken, WG Bun 3/4 c. Red Peppers, 1/2c. Banana, Milk
28 WG Donuts, Pineapple, OJ, Milk WG Enchiladas Radishes, Kiwi, Milk	29 Fried Egg & English Muffin, Kiwi, Grape Juice, Milk Pulled Pork, WG Bun Baked Beans, Pineapple, Milk	30 Breakfast Break Kit, Banana Apple Juice, Milk Fiestada Sandwich (Hot Pocket) Green Peppers, Blueberries, Milk	31 Toast, Breakfast Potatoes, Hard Boiled Egg Watermelon, OJ, Milk 2 WG Crisпитos Cucumbers, Mixed Berries, Milk	All Breakfast Meals Provide at least 2 oz of WG or 1 oz WG & M/MA 1/2 cup Juice, 1/2 cup Fruit 1 cup of Milk	All Lunch Meals Provide 2 ounces of Grain, 2 Ounces of MA, 3/4 cup Vegetable 1/2 cup Fruit 1 cup of Milk	

All Items are WG and meet USDA nutrition requirements.

"This institution is an equal opportunity provider."