

FEBRUARY 2024

Riceville Community School District

Breakfast & Lunch

All meals are served with choice of Fat free white or chocolate & 1% white Milk. Fresh fruit option is based on the current availability for each week. Cereal served everyday as an alternative option to main breakfast item. All menus subject to change. Fresh fruit and vegetable bar are offered daily and are based on availability.

Monday



Pop Tarts
Yogurt
Bananas, Juice, Milk

Ham or Turkey Subs
WG Hoagie
WG Chips, Spinach
Kiwi, Milk

Cereal
String Cheese
Applesauce, Juice, Milk

BBQ Rib Patty
WG Bun, WG Pasta
Romaine
Grapes, Milk

WG Pancakes w/syrup
Scrambled Eggs
Peaches, Juice, Milk

Beef Nachos
WG Tortillas
Lettuce, Olives, Tomatoes
Raisins, Milk

Breakfast Bites
Pineapple, Juice, Milk

Chicken Stir Fry
WG Rice
Romaine Lettuce
Grapefruit, Milk

Tuesday



WG Muffins
String Cheese
Peaches, Milk, Juice

Hamburgers
WG Bun
Cucumbers
Honey Dew, Milk

Power Bites
Pineapple, Juice, Milk

WG Orange Chicken
WG Rice
Green Peppers
Cantaloupe, Milk

Pizza Bagels
Pears, Juice, Milk

Sloppy Joes
WG Bun, WG Chips
Onions
Grapes, Milk
PT Conferences

Breakfast Sandwiches
Applesauce, Juice, Milk

Beef Goulash
WG Noodles
WG Buttered Bread
Celery
Banana, Milk

Wednesday



**No
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WG Waffles w/syrup
Sausage
Strawberries, Juice, Milk

WG Soft- or Hard-Shell Tacos
Lettuce, Tomato, Salsa, Refried Beans
Oranges, Milk
Valentine's Day Cookie
(Happy Valentine's Day)

Breakfast Burrito
Mandarin Oranges, Juice, Milk

WG Beef Enchiladas
Rice & Beans
Red Peppers
Apple, Milk

French Toast Sticks
Bacon
Strawberries, Juice, Milk

Chef Salads
WG Garlic Cheese Bread
Carrots
Apple, Milk

Thursday

Breakfast Pizza
Pineapple, Juice, Milk

Scalloped Potatoes & Ham
WG Dinner Roll
Pinto Beans
Cantaloupe, Milk

Bagels
Hard Boiled Egg
Mandarin Oranges, Juice, Milk

Cheese or Pepperoni Pizza
WG Crust
Salad, Roasted Garbanzo Beans
Banana, Milk

Parfaits
Toast
Blueberries, Juice, Milk

Spaghetti
WG Noodles
WG Garlic Bread
Green Beans, Kiwi, Milk
Taste Test Day

Cereal
String Cheese
Mixed Fruit, Juice, Milk

Chicken Nuggets
Mash Potatoes, Baked Beans
WG Dinner Roll, Blueberries, Milk
PT Conferences

WG Pancake Wraps
Banana, Juice, Milk

Pulled Pork Sandwich
WG Bun
3 Bean Salad
Grapes, Milk

Friday

Loaded Hashbrowns
Toast
Blueberries, Juice, Milk

Breaded Chicken Sandwich
WG Bun
WG Pasta Salad, Corn
Oranges, Milk

Un-crustables
Mixed Fruit, Juice, Milk

Hot Dogs
WG Bun, WG Mac & Cheese
Peas
Apple, Milk

Biscuits & Gravy
Banana, Juice, Milk

BBQ Pulled Chicken
WG Bun
French Fries
Honey Dew, Milk

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"This institution is an equal opportunity provider."

Taste Test Lunch: White Chicken Chili
Taste Test Breakfast: Breakfast Tacos