

# JANUARY 2024

## Riceville Community School District

### Breakfast & Lunch

All Meals are served with choice of Fat free white or chocolate & 1% white Milk. Fresh fruit option is based on the current availability for each week. Cereal served everyday as an alternative option to main breakfast item. All menus are subject to change. Fresh fruit and vegetable bar are offered daily and are based on availability.

### Monday

**No School**

1

### Tuesday

**No School**

2

### Wednesday

**No School**

3

### Thursday

Cereal  
Toast  
Peaches, Juice, Milk

WG Breaded Chicken Patty  
WG Bun  
Carrots  
Blueberries, Milk

4

### Friday

Bagels  
Egg Patty  
Pears, Juice, Milk

Bean & Cheese Burrito  
WG Tortilla  
Green Beans  
Apple, Milk

5

Breakfast Burrito  
Mandarin Oranges, Juice, Milk

8

Hamburger  
WG Bun  
WG Oodles of Noodles, Broccoli  
Grapes, Milk

Biscuits & Gravy  
Mixed Fruit, Juice, Milk

9

Scallop Potatoes & Ham  
WG Bun, Beets  
Cantaloupe, Milk

Cereal  
Muffins  
Apple Sauce, Juice, Milk

10

Chicken Fajitas  
WG Tortillas  
Red & Green Peppers, Salsa  
Oranges, Milk

Pop Tarts  
Yogurt  
Pineapple, Juice, Milk

11

Street Tacos  
WG Tortilla  
Edamame  
Kiwi, Milk

WG Pancake & Sausage on a Stick  
Blueberries, Juice, Milk

12

Chicken Stir-fry  
WG Rice  
Squash, Corn  
Honey Dew, Milk

Breakfast Pizza  
Peaches, Juice, Milk

15

White Chicken Chili  
WG Tostitos  
Spinach  
Grapefruit, Milk

Breakfast Sandwich  
Pears, Juice, Milk

16

Fish & Chips  
WG Dinner Roll  
Coleslaw  
Banana, Milk

Waffles w/syrup  
Sausage  
Mandarin Oranges, Juice, Milk

17

Beef Nachos  
WG Tortilla Chips  
Red Peppers, Romaine  
Apple, Milk

Cereal  
Choice of Parfait  
Mixed Fruit, Juice, Milk

18

WG Top Ramen  
Baked Beans  
Grapes, Milk  
**Taste Test**

WG Donuts  
Applesauce, Juice, Milk

19

Chicken Strips  
WG Dinner Roll  
French Fries, Peas  
Cantaloupe, Milk

Snack Breads  
Hard Boiled Egg  
Pineapple, Juice, Milk

22

Santa Fe Chicken Wrap  
WG Tortilla  
Romaine, Tomato, Salsa  
Oranges, Milk

Banana Bread  
Blueberries, Juice, Milk

23

Korean Beef Bulgogi  
WG Rice  
Asparagus  
Kiwi, Milk

Pear Crepes  
Bananas, Juice, Milk

24

Chicken, Cheese, & WG Rice Casserole  
Broccoli & Tomatoes  
Honey Dew, Milk  
**Early Dismissal**

French Toast w/Syrup  
Sausage  
Peaches, Juice, Milk

25

Walking Tacos  
WG Tostada Shells  
Refried Beans, Peppers, Corn  
Grapefruit, Milk

Omelet  
WG Toast  
Pears, Juice, Milk

26

Meatloaf  
WG Bread  
Baked Potatoes  
Banana, Milk

Pancakes w/syrup  
Bacon  
Mandarin Oranges, Juice, Milk

29

WG Chicken Penne Pasta  
WG Dinner Rolls  
Broccoli  
Apple, Milk

Egg, Ham, & Cheese Hash Brown  
Toasts  
Mixed Fruit, Juice, Milk

30

Meatball Subs  
WG Hoagie  
Iceberg  
Banana, Milk

Peanut Butter Banana Crunch  
Served with WG Oats  
Applesauce, Juice, Milk

31

WG Chicken Noodle Soup  
Ham Slider  
Carrots  
Grapes, Juice, Milk

This institution is an equal opportunity Provider.

Taste Test Breakfast: Oatmeal Muffin Squares  
Taste Test Lunch: Baked Teriyaki Chicken