

DECEMBER 2023

Riceville Community School District

All Meals are served with choice of Fat free white or chocolate & 1% white Milk. Fresh fruit option is based on the current availability for each week. Cereal served everyday as an alternative option to main breakfast item. All menus are subject to change. Fresh fruit and vegetable bars are offered daily and are based on availability.

Breakfast and Lunch

Taste test items:
Cheesy Bacon Grits
Chicken Lo Mein

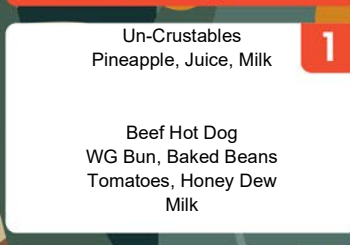
Monday

Tuesday

Wednesday

Thursday

Friday



Oatmeal with Toppings
Yogurt
Blueberries, Juice, Milk **4**

Italian Subs
Lettuce, Tomato, Olives
WG Scooby Snacks
Pineapple, Milk

WG French Toast w/syrup
Bacon
Pears, Juice, Milk **5**

Hot Beef Sandwiches
Mash Potatoes & Gravy
Broccoli, Grapes
Milk

Cereal
WG Toast
Strawberries, Juice, Milk **6**

Chicken Legs
WG Dinner Roll
Ranch Potatoes
Carrots, Milk, WG Dessert

WG Biscuits & Gravy
Banana, Juice, Milk **7**

Walking Tacos
WG Doritos, Cheese
Lettuce, Tomatoes, Refried Beans
Mandarin Oranges, Milk

Un-Crustables
Pineapple, Juice, Milk **1**

Beef Hot Dog
WG Bun, Baked Beans
Tomatoes, Honey Dew
Milk

Breakfast Pizza
Peaches, Juice, Milk **8**

Chili
WG Cinnamon Rolls
Salad Bar, Mixed Berries
Milk

WG Banana Bread
String Cheese
Pears, Juice, Milk **11**

Protein Power Plates
Meat, Cheese, Egg
WG Crackers
Grapes, Carrots
Milk

WG Pancakes w/syrup
Sausage
Pineapple, Juice, Milk **12**

Chicken Caesar Salad
WG Cheese Bread, Croutons
Romaine, Banana
Milk

No School **13**

Breakfast Bars
Hard Boiled Eggs
Raisins, Juice, Milk **14**

WG Spaghetti & Meat sauce
WG Garlic Bread
Salad Bar, Kiwi
Milk

Bagels w/ PB or Cream Cheese
Yogurt
Mandarin Oranges, Juice, Milk **15**

Beef Stew
WG Grilled Cheese
Potatoes, Carrots
Cantaloupe, Milk

WG Blueberry Waffles
Peaches, Juice, Milk **18**

Turkey
Mash Potatoes
WG Stuffing, Carrots
Mandarin Oranges
Milk

WG Breakfast Bites
Yogurt
Pears, Juice, Milk **19**

Chicken Enchilada
Refried Beans
Honey Dew, Milk

Egg Bake
WG English Muffin
Mixed Berries, Juice, Milk **20**

Chicken Bacon Ranch Wraps
WG Chips, Salad Bar
Cantaloupe, Milk

Cereal
WG Snack Breads
Apples, Juice, Milk **21**

Ham
Potato Salad, Green Beans
Dinner Roll, Fruit Salad, Milk
WG Christmas Dessert
Taste Test Day

No School **22**

No School **25**

Merry Christmas

No School **26**

No School **27**

No School **28**

No School **29**