

AUGUST 2023

Riceville Community School District

All Meals are served with choice of Fat free white or chocolate & 1% white Milk. Fresh fruit option is based on the current availability for each week. Cereal served everyday as an alternative option to main breakfast item. All menus are subject to change. Fresh fruit and vegetable bar are offered daily and are based on availability.

Lunch and Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
Back To School Conferences 21	22	Donuts Strawberries, Juice, Milk 23	Breakfast Pizza Cantaloupe, Juice, Milk 24	Cinnamon Rolls Berry Cups, Juice, Milk 25
Assorted Cereals Yogurt Banana, Juice, Milk 28	WG Biscuits & Gravy Oranges, Juice, Milk 29	Welcome Back Walking Tacos Veggie Bar Watermelon, Milk	Ham Or Turkey Subs WG Chips Veggie Bar Grapes Milk	Hamburgers WG Bun Veggie Bar Bananas, Milk
Hot Dogs WG Bun Corn on the Cob Peaches, Milk	Chicken & Bean Enchiladas Blanco WG Tortilla & Cilantro Lime Rice Red & Green Peppers Apples, Milk	Banana Bread Yogurt Cantaloupe Juice, Milk 30	Cinnamon Toast Crunch Bar Smoothies Pears, Juice, Milk 31	
		WG Chicken & Cheese Quesadilla Bread sticks, Veggie Bar Honey Dew Milk	Spaghetti WG Garlic Bread Veggie Bar Raisins, Milk	

“This institution is an equal opportunity provider.”