

DECEMBER 2022

Riceville Community School District

All Meals are served with choice of fat free white or chocolate & 1% white milk. Fresh fruit option is based on the current availability for each week. Cereal is served everyday as an alternative option to main breakfast item. All menus are subject to change. Fresh Fruit and vegetable bar are offered daily and are based on availability

Breakfast and Lunch



Monday

Tuesday

Wednesday

Thursday

Friday



Pancake with syrup
Yogurt
Fruit, Juice, or both

5

Pizza
Broccoli
Assorted Fruit

Bagel
Hard Boiled Egg
Fruit, Juice, or both

6

Beef Rib Sandwich
Carrots & Baked Beans
Assorted Fruit

**No
School**

7

Cereal
Yogurt
Fruit, Juice, or both

1

Chili
Grilled Cheese
Green Beans
Assorted Fruit

Toast
Hard Boiled Egg
Fruit, juice, or both

2

Salisbury Steak
Baked Potatoes & Dinner Roll
Assorted Fruit

Waffles with syrup
Yogurt
Fruit, Juice, or both

12

BBQ Baked Pork
Assorted Chips or Crackers
Baked Beans, Slaw
Assorted Fruit

Oatmeal
Hard Boiled egg
Fruit, Juice, or both

13

Chicken Enchilada Nachos
Whole grain Tortilla Chips
Lettuce, Tomato, Red Peppers
Assorted fruit

Cereal
Scrambled eggs
Fruit, Juice, or both

14

Bean & Cheese Burrito
Romaine, Spinach, Salsa
Assorted Fruit

English Muffin
Sausage Patty
Fruit, Juice, or both

15

Turkey Sausage with Gravy
Biscuit
Corn, Green Beans
Assorted fruit

Cinnamon Toast
String Cheese
Fruit, Juice, or both

16

Cuban
Whole Grain Bun
Carrots
Assorted Fruit

French Toast with syrup
Yogurt
Fruit, Juice, or both

19

Mac and Cheese
Carrots
Banana

Cereal
Hard Boiled Egg
Fruit, Juice, or both

20

Chicken Carnitas
Whole Grain Tortilla, Refried Beans
Lettuce, Tomatoes
Oranges

Cherry Cheesecake Bites

Sausage Pancake Wrap
Or Cereal & Yogurt
Fruit, Juice, or both

21

Beef Pad Thai
Whole Grain Noodles
Broccoli
Applesauce

Banana Bread
Or String cheese & Cereal

22

Ham
Cheesy Potatoes
Green Beans & Dinner Roll
Pears

Winter Break

23

No School

Happy Holidays

**No
School**

26

**No
School**

27

**No
School**

28

**No
School**

29

**No
School**

30

It is the policy of the Riceville Community School District not to discriminate on the basis of race, color, national origin, sex, disability, religion, creed, age (for employment), marital status (for programs), sexual orientation, gender identity and socioeconomic status (for programs) in its educational programs and its employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy, please contact the district's Equity Coordinator, Jaden Bohr School Counselor, 912 Woodland Avenue, Riceville, IA 50466, Phone: (641) 985-2288. For further guidance, visit <https://educateiowa.gov/>