

# 5210 FEATURE JUNE

In this 5-2-1-0 Feature,  
you will learn about:

- ✓ 99 Parks & Great Outdoors Month
- ✓ Action Plan Check-In
- ✓ Radishes



FIND MORE 5-2-1-0 RESOURCES:  
[www.iowahealthieststate.com/5210](http://www.iowahealthieststate.com/5210)

## ENJOY THE OUTDOORS AT A PARK!

June is Great Outdoors Month. There is no better way to celebrate than by playing at a local, county state park near you.

**RESOURCE:** [Travellowa.org/99Parks](http://Travellowa.org/99Parks)  
Download the free Family Fun Pack, Field Trip Guide for Educators + more!



### 5-2-1-0 Strategies For Success

#### IT'S TIME TO CHECK IN WITH YOUR ACTION PLAN

The end of a school year is a great time to re-visit your 5-2-1-0 Action Plan (template provided in 5-2-1-0 Action Guide). Celebrate your successes and take note of goals to work on for next school year!

SCAN TO ACCESS THE  
5-2-1-0 ACTION GUIDE:



## REMARKABLE RADISH

Radishes are an excellent source of Vitamin C, fiber, potassium and folate.

Scan to find posters, learning activities and more Food of the Month resources:



#HealthyChoicesCount