

Riceville Community School

September 2019

Mon	Tue	Wed	Thu	Fri
2 No School	3 French toast sticks, banana, apple juice Harv (turkey) burger, swiss cheese, tomato, onion, lettuce, carrots, apples	4 Egg omelet, toast, yogurt, grape juice Meatball sub, cheese, green peppers, onions, peas, chips, oranges	5 Pizza, apple sauce, orange juice Hot beef, mashed potatoes, green beans, peaches, bread	6 Biscuits and gravy, yogurt, apple juice Sloppy jo, smiley fries, baked beans, pears
9 Pop tarts, banana, grape juice Clark(chicken) fajitas, lettuce, tomato, onion, black olives, green peppers, salsa, sour cream, oranges	10 Egg and cheese biscuits, apple sauce, orange juice Spaghetti, green beans, garlic bread, peaches	11 Cinnamon toast, yogurt, apple juice Pizza stick, marinara sauce, cheese sauce, cauliflower, broccoli, radishes, celery, apples	12 Pancakes, sausage, strawberries, grape juice Shrimp, mashed potatoes, carrots, pears, bread	13 Cereal, toast, apple sauce, orange juice Cheeseburgers, tater tots, baked beans, mixed fruit
16 cereal bar, toast, banana, apple juice Chicken and noodles, carrots, apples, dinner rolls	17 Bagels, cream cheese, kiwi, grape juice Ham or turkey subs, lettuce, tomato, onion, black olives, green pepper, cheese, chips, oranges	18 No school	19 Bosco stick, yogurt, orange juice Crispito, cheese sauce, salsa, green beans, peaches, cookie	20 Pancake on stick, apple sauce, apple juice Chicken nuggets, mashed potatoes, corn, pears, bread
23 Cereal, toast, banana, Grape juice Hot dogs, baked beans, fries, oranges	24 Muffins, strawberries, yogurt, orange juice Grilled chicken sandwich, tri taters, carrots, peaches	25 Scrambled eggs, smokies, toast, apple sauce, apple juice Houser (rib) patty, tater tots, green beans, apples	26 Breakfast bar, toast, yogurt, grape juice Pizza, cauliflower, broccoli, celery, carrots, side kicks	27 Kuhn (donut) day, yogurt, orange juice Egg, sausage, cheese, biscuit, breakfast potatoes, pears
30 Apple stick, banana, apple juice Nacho plate, lettuce, tomato onion, black olives, green pepper, salsa, cheese sauce, sour cream, apple sauce, cookie				

