

Riceville Community School

January 2019

Mon	Tue	Wed	Thu	Fri
			3 Egg omelet, toast, orange juice Chicken strips, baked beans, tri taters, pear, bread	4 Breakfast bar, toast, apple juice Scallop potatoes and ham, corn, peaches, dinner roll
7 Pancake on stick, banana, grape juice Clark fajita, tomato, lettuce, onions, black olives, green peppers, sour cream, salsa, apple sauce	8 Scrambled eggs, toast, orange juice Grilled ham and cheese, fries, peas, peaches	9 Cereal, toast, yogurt, apple juice Egg, sausage, cheese, biscuits, breakfast potatoes, pineapple	10 Donut, yogurt, grape juice Ham or turkey subs, lettuce, tomato, onion, green pepper, chips, raisels	11 Bagel, cream cheese, yogurt, orange juice Pizza, carrots, pears
14 No school	15 Egg and cheese biscuit, apple sauce, grape juice Italian chicken, fries, green beans, peaches	16 Cereal, toast, yogurt, orange juice Grilled cheese, tomato soup, carrots, pears	17 apple stick, yogurt, apple juice hot beef, mashed potatoes, gravy, corn, dinner bun, pineapple	18 pop tart, yogurt, grape juice Chicken patty, wedges, baked beans, mandarin oranges
21 Cinnamon toast, yogurt, banana, orange juice Corn dog, fries, broccoli, apple sauce	22 Pizza, apple sauce, grape juice Beef stew, biscuits, peaches	23 Egg omelet, toast, apple juice Chili, cheese sandwich, carrots, cinnamon roll, pears	24 Cereal, toast, yogurt, orange juice Ham patty, fries, green beans, jello with fruit	25 Egg wrap, sausage, grape juice Houser patty, baked beans, pineapple, chips
28 Cereal bar, toast, yogurt, apple juice Harv burger, fries, corn, peaches	29 Donut, banana, grape juice Baked potato bar, cheese, broccoli, bacon bits, ham, pears, bread	30 Biscuits and gravy, yogurt, orange juice Cheeseburger, potato rounds, green beans, pineapple	31 Cereal, toast, apple sauce, apple juice Lasagna, garlic bread, cole slaw, apple sauce	

Menu subject to change. Milk (skim,1%,chocolate skim), juice and fresh fruit served with breakfast. Skim,1%,skim chocolate milk served with lunch.

